

# New York Hoop Report

Basketball Coaches Association of New York, Inc.



## *38<sup>th</sup> Annual Fall Clinic Information*

### **Plan Now to Attend the 38<sup>th</sup> Fall Clinic – September 27, 2019 at SUNY Cortland**

There will be some great features and topics in store for the 38th Annual BCANY Fall Coaches Clinic. The plans are set – we are ready to go. The BCANY Clinic Committee has been hard at work to put together a great learning experience for all of our Coaches.

You can use the Clinic Registration form in this newsletter or you can register and pay online at [www.BCANY.org](http://www.BCANY.org)

Whether you are a veteran coach, new to coaching, Modified, JV, Varsity or College coach, we believe that there is something for you at the clinic. It is a great way to jumpstart your season, so bring the whole staff. The clinic has so much to offer....

Knowledgeable Speakers  
On-Court Presentations  
Quick Hitter Sessions  
Informative & Unique Topics  
BCANY Gift

Coaches Social  
Door Prizes  
Vendors  
Network with Coaches  
Awards Presentation

**Make plans now to attend this great professional development & social experience.**

***Be a Better Coach***  
***Designed by COACHES for COACHES.***

# BCANY

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## COACHES CLINIC

Log onto [BCANY.org](http://BCANY.org) today to register for the  
38<sup>th</sup> Annual Fall Clinic



# 38<sup>th</sup> Annual BCANY Fall Clinic

## Operated by Coaches for Coaches

“Be a Better Coach.” That is not just some catch phrase to grab your attention; it is the backbone of our clinic. We are working with top-level college coaches from all three NCAA divisions along with our most well-respected and successful high school coaches in order to give you a great experience. Whether you are a brand new coach, just got the varisty coaching position at your school, or a seasoned veteran, there will be something at the clinic for you. Still not convinced to attend?? Read on to see what we are doing to provide a great clinic experine and our scheduled speakers. Looking forward to seeing you at the clinic on Sept. 27 on the campus of SUNY Cortland.

### **What makes the BCANY Clinic different from other clinics?**

- Quick Hitter sessions: These are some of our most popular sessions – three, 30min long sessions, with a choice of 3 different speakers during each session. Allows your staff to break up and hear multiple topics and many of our BCANY Coaches of the Year will be running the sessions.
- Not just X’s and O’s: We have sessions planned on developing a Winning Mindset for you and your players, thoughts on coaching today’s athletes, and personal development ideas for your players.
- If you like the traditional on-court experience, we have a number of whole group, on-court sessions with some of NY’s best college coaches.
- Small group setting allows for greater interaction between clinic speakers and attendees.
- Information-packed hours of basketball designed for coaches like you.
- Cost effective – great rates for members and their staff.



This year's clinic will continue on with our goal of creating a true educational experience for coaches. Branching out from only X and O training, BCANY's clinic will examine all facets of the game, from coaching today's athletes to mindset training, to developing your athlete and much more. At BCANY, we urge coaches to register and learn from, and network with coaches from across the state.

#### **Popular Clinic Rate Structure:**

Based on last year's experiment with the Clinic Fee structure, we are instituting the new structure. ALL Coaches from the same school can attend for \$150., *That is right all coaches from the same school!*

#### **Compare—**

What other basketball coaches clinics exist in New York State? Who are they operated by? For what purpose? There may be some clinic out there with the marquee names from the country's most recognizable D-I programs, but they are not driven by the right purpose. Our clinic is designed to give you access to the best coaches in NY from our state's top programs. It is designed to be engaging, informative, thought provoking, and provide the opportunity for your to hone your craft as a coach.

#### **Professional Development – BCANY Certificate of Attendance**

Many schools count attendance at the BCANY clinic toward professional development requirements. Starting this year, BCANY will be issuing a Certificate of Attendance for all coaches who attend the BCANY Fall Clinic. BCANY has a duty as an organization to provide professional development for its members. It is an obligation that we take seriously.




## 2019 Clinic Schedule: September 27<sup>th</sup> – SUNY Cortland

Please note: Every effort will be made to use the following time schedule, which was set weeks prior to the clinic. We do ask your patience if it becomes necessary to make any changes.

Time	Presenter	Topic
9:30-10:00	Registration	
10:00-10:40	<b>Mike MacDonald</b> Daemen College Men's Basketball	Favorite Practice & Development Drills
10:40-10:45	<b>Vendor Presentation</b>	Hudl
10:45-11:35	<b>Winning Mindset</b>	Building a Winning Culture with Your Team
11:35-11:40	<b>Vendor Presentation</b>	Shoot-A-Way
11:40-12:35	<b>Matt Langel</b> Colgate University Men's Basketball	Ball Screens and Dribble Hand-offs
12:35-1:05	<b>Lunch – Self-serve pizza/sandwiches in the Park Center</b>	
1:05-1:40	<b>Quick Hitters</b>	<b>Session 1</b>
1:40-2:35	<b>Mike Procopio</b> Director of Player Development Dallas Mavericks	Drills and Skills for Player Development
2:35-2:50	<b>Awards –</b> Coach of the Year Awards, Coaching Dedication, Assistant Coach and Milestone Wins – along with Ben Nelson Award, Glen McGinnis Dave Archer Awards	
2:50-3:25	<b>Quick Hitters</b>	Session 2
3:25-4:20	<b>Stephanie Gaitley</b> Fordham University Women's Basketball	Defensive Strategy and Practice Drills
4:20-5:00	<b>Gina Castelli</b> LeMoyne College Women's Basketball	Zone Offense

## Quick-Hitters

Session	Time	Location # 1 Main Court	Location # 2 Classroom	Location # 3 Classroom
# 1	12:35-1:05	<b>Dan Ricci</b> Ossining HS Girls  Secondary Fast Break & Quick Hitters	<b>Sue Cooney &amp; Todd Rose</b> Washingtonville HS Boys  Yoga and Basketball: Movement & Mindfulness for Enhanced Performance	<b>Sean Conaty</b> University of Buffalo  Strength & Conditioning Concepts for Basketball
# 2	2:50-3:25	<b>Jason Leone</b> SUNY Oswego Men  Preparing for Pressing Teams	<b>John Lambert</b> Cooperstown HS Boys  Helpful Hints and Some Special Situation Plays	<b>Dave Powers</b> Monroe-Woodbury HS Girls  Coaching Gen Z Athletes



The poster features a basketball court floor background with a large white circle. In the top left is the Basketball Coaches Association of New York logo, which includes a yellow map of New York and a basketball. To the right of the logo, the text "BCANY" is written in large blue letters, followed by "Basketball Coaches Association of New York, Inc." in smaller blue text. The word "Coaches" is written in large black serif font, and "Clinic" is written below it in a similar font. At the bottom, a blue rectangular box contains the text "September 27, 2019", "SUNY Cortland", and "#BeABetterCoach".

**Basketball Coaches Association of New York**

**BCANY**  
Basketball Coaches Association of New York, Inc.

# Coaches Clinic

September 27, 2019  
SUNY Cortland  
#BeABetterCoach



***Operated by Coaches for Coaches***  
**38th Annual BCANY Fall Clinic - 2019**  
**Friday, September 27th 9:30 am to 5:00 pm tentative times**

**at SUNY Cortland**  
• Great Speakers • Awards Presentations •  
• Opportunity to Network • BCANY Coaches Gift •

*For the reduced Pre-Registration Rates - your form must be received by September 24, 2019*  
**As details are set, they will be posted on the web site, www.BCANY.org.**

**You will also receive *BCANY Buzzer Beater* email blasts to keep you updated.**

**Clinic Registration Form – 2019**

Name: \_\_\_\_\_

School: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Pre-Registration**

- |  |  |
|--|--|
| <input type="checkbox"/> \$70.00 – Head Coach or one coach                         | <input type="checkbox"/> Non-Member - \$90.00  |
| <input type="checkbox"/> \$85.00 – Each additional coach from same staff           | <input type="checkbox"/> Non-Member - \$110.00 |
| <input type="checkbox"/> \$100.00 – Head Coach and 2 or more from same staff       | <input type="checkbox"/> Non-Member - \$120.00 |
| <input type="checkbox"/> \$150.00 - School Rate – all coaches from the same school | <input type="checkbox"/> Non-Member - \$200.00 |

\_\_\_\_\_ **Total Amount**

***These prices are \$20.00 LESS than they will be at the door.***

The first 200 coaches to sign up will receive a BCANY Gift.

*In case the gift is a shirt, please circle your size:* M S M M ML M XL M XXL M XXXL  
W S W M WL W XL W XXL W XXXL

Name of Assistant Coach: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Name of Assistant Coach: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Name of Assistant Coach: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Name of Assistant Coach: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Name of Assistant Coach: \_\_\_\_\_ Shirt Size \_\_\_\_\_

**Total Amount Enclosed \$** \_\_\_\_\_

Make checks payable to ***“BCANY”*** then Clip and Mail to: Dave Archer, **BCANY**  
524 Dickson Street • Endicott, NY 13760